

Countdown to UCI

17 Days

Weather

Today: 63/38 cloudy

Saturday: 66/37 sunny

Sunday: 60/39 rain

Mig Alley



Flyer

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Osan Air Base, Republic of Korea

Preserving history

51st MXS restores F-86

By Senior Master Sgt. Beverly Delashmit
51st Maintenance Squadron

The men and women of 51st Maintenance Squadron's Aircraft Structural Maintenance section were recently tasked to restore one of Osan's windows to the past – a static display of an F-86 Sabre aircraft.

The project began with removing years of weathered paint, coatings and distinctive markings, entailing more than 100 man hours of hard work.

Extreme care had to be taken with the 58-year old aircraft to prevent damage to the original metal structure.

Once the old coatings were removed, the process of researching

historically accurate markings began.

After careful research and coordination with John Okonski, 51st Fighter Wing historian, 51st MXS structural experts hand crafted stencils to match the original 1951 aircraft identification and checktail design.

"I love to paint aircraft," said Senior Airman Paul Cotrill, 51st MXS. "Bringing this historic checkertail F-86 back to life was an awesome experience."

Next, the aircraft was prepared for top coating.

Technicians applied a weather-resistant polyurethane coating designed to protect this historic aircraft from the elements for years to come.

Finally, the F-86 was ready to receive the famous 51st "Mustang Checkertail" design on the rudder.

Because only the most experienced technicians are entrusted to apply the checkertail design, the care



Courtesy photo

See **F-86**, page 3

Share your story

The 51st Fighter Wing Public Affairs office is here to tell the Air Force story, but we can't do it without the help of Team Osan.

If you or your unit have done something interesting, let us know.

Also, if you enjoy writing or photography, the public affairs office is always willing to take submissions

For more information, call 784-4044 or send an e-mail to

MigAlleyFlyer@osan.af.mil



Photos by Senior Master Sgt. Marvin Krause

51st Maintenance Squadron aircraft structural technicians prepare Osan's historic F-86 Sabre static display aircraft for restoration and a new "checkertail" paint scheme. Only the most experienced technicians are entrusted to apply the checkertail design.

Why be an Air Force club member?

■ By Maj. Todd Alcott ■ 51st Services Squadron commander

As an Air Force officer charged with the responsibility of leading morale and welfare programs for Osan, people often ask me "why should I become a club member?"

What used to be an unwritten rule of military professionalism is now a matter of personal choice.

Surprisingly, I meet colonels and chiefs that do not have membership, however as I investigate why, I find that most people do not know how services or clubs receive financial support or why it is important to invest in our clubs.

In the 1980s, Congress past legislation that clubs had to be self-supporting.

Club members used to pay pennies on the dollar for services and U.S. taxpayers heavily subsidized our clubs.

Our stateside clubs today must pay the light and utility bills just to open the doors, with or without club members paying their dues.

Today, less than 25 percent of the active-duty members support clubs.

What people probably don't realize is that when they decline membership, they are also not supporting our Air Force traditions, customs and our culture such as Airmen and NCO graduations,

change of commands, quarterly and annual award ceremonies, volunteer and promotion ceremonies, commander's call, Air Force Balls and Birthdays, etc.

Clubs are part of our Air Force heritage. If we loose our clubs, we risk losing the ability to retain our culture.

The Air Force is only 60 years old, much too young to abandon our founding traditions.

Yes, we could go downtown, but that comes with excessive costs to our personal pockets and loss of totally dedicated support to our Air Force needs.

Imagine being the Airmen graduating from Airmen Leadership School and told, "sorry, you do not get a graduation ceremony because our club is closed and because your Air Force forefathers didn't want to become club members."

Unfortunately we are almost there.

Services has already been forced to close several stateside clubs and many clubs are being solely supported by our Air Force retirees.

Flippant, undecided members and 25 percent of a smaller active-duty population are not enough to sustain self-supporting clubs.

Another reason people decline

membership is that the Air Force recognizes the important need to deglamorize alcohol.

Club membership is so much more than a cocktail lounge. Today, the member is not just a member of the club, they are a member of services.

Services squadrons manage one fund, and the club is only a small portion of that fund.

When a member pays dues, they pay into the fund and support all of services' self-supporting activities.

Osan club members get coupons for the golf course, bowling, paintball, trips, tickets and tours, and multiple eating facilities in addition to getting superb discounts just for showing their club card.

At Osan, members get a superb magazine mailed directly to them with discounts at the many base restaurants and services facilities, not to mention the awesome free club member appreciation nights held monthly at the officer and enlisted clubs.

Sorry for the commercial, but it is true. The important thing to remember, it is our responsibility to protect Air Force culture and heritage.

Members paying dues help keep

"Clubs are part of our Air Force heritage. If we loose our clubs, we risk losing the ability to retain our culture."



Maj. Todd Alcott
51st Services
Squadron
commander

the doors of all self-supporting activities that each and every one of us enjoy when it comes our time to be in the spotlight of those traditions, whether you pay dues or not.

Help us continue supporting our important Air Force traditions by mentoring people on the importance of Air Force clubs.

We may be evolving as an Air Force, but let's not forget our culture and traditions that help make us the most envied and powerful Air Force in the world.

Thank you club members!

I hope you remain a club member for the rest of your life and continue to invest in our proud Air Force heritage.

Proud member since 1995.

Don't be afraid to help

By Maj. Danny Ervin

51st Mental Health flight commander

Osan is an inherently demanding assignment, given our "mach 3" operational tempo, numerous fast-paced readiness exercises, geographical separation from the support of family and friends, the reality that each of us truly has to be "Ready to Fight Tonight!"

Hence, the increased need and commitment for each of us to function as a team in our community and "Take Care of Our Own."

Recently, Team Osan has experienced an increase in personnel expressing suicidal thoughts and behaviors.

In these cases, the primary contributing factors

have been relationship problems and alcohol intoxication.

Fortunately, in each of these every Air Force member involved sought help from leadership, a friend, helping professional, or our emergency room - and are now very grateful they did so!

There are numerous resources available to help those in need, ranging from friends, co-workers, and leadership to chaplains, mental health providers and the emergency room.

As leaders and wingmen, we must remain vigilant for suicidal high-risk factors, which include legal or disciplinary actions, financial concerns, relationship problems, substance misuse, past suicide attempts, and mental health problems, especially depression.

On occasion, there are times when few, or none of these factors, are present.

Most of us have completed suicide prevention training numerous times and are very aware of what to look for.

However, successful suicides are often those you never see coming, committed by Airmen who are energetic, motivated, outgoing, and by all appearances, happy.

Therefore, it is best to take a universal approach to suicide prevention that includes:

» Commanders being accessible, spending quality time with their Airmen and creating an environment that communicates it is acceptable and actually a sign of strength, to recognize and seek help for problems.

» Supervisors who proactively take responsibility for those they supervise, including taking



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See **HELP**, page 4

Getting help FAST

By Carl Neighbors

Family Advocacy Program

April is National Child Abuse Prevention Month. It is a time to raise awareness about child abuse and neglect, and encourage individuals and communities to support children and families.

But what is anger and how does anger lead to people abusing children?

According to the book, *The Anger Control Workbook* by Matthew McKay, Ph.D. and Peter Rogers, Ph.D., anger is nothing more than the emotional expression of a person in pain.

Think about it.

Each time you're angry, you're responding to feelings of pain.

Maybe it was the pain of someone leaving us; maybe it was the pain and frustration of someone who disappointed us.

The dangers of anger arise when individuals lose the ability to control negative emotions, especially when dealing with children.

Being a parent or guardian is not an easy task. Anyone who has ever been a one knows how difficult it is to raise a child.

Each child comes with his or her own personality, and sometimes these unique personalities can be very frustrating.

Although it may be difficult, parents/guardians need to recognize when they are not in control of their emotions, and where and when to seek assistance if needed.

Asking for help does not mean that you're not good parents.

It only means you've run into a situation for which you need help managing.

In the vast majority of family advocacy maltreatment cases, parents do not intentionally mean to harm their children.

However, because of overwhelming feelings of anger and frustration, some parents do physically or emo-



tionally harm their children.

One extremely dangerous situation is Shaken Baby Syndrome, which occurs when an infant is violently shaken.

Most often, this occurs when a parent becomes frustrated with an infant over an

See **CHILD**, page 4

F-86, from page 1

and attention to detail is easily seen in the spectacular restoration.

The aircraft will be displayed in front of base operations, where it will be the first sight visitors to Osan will see.

The dedicated aircraft structural technicians from the 51st MXS stepped up to the challenge and proudly did their part in restoring this important piece of Air Force history,

leaving a lasting legacy for those who follow.

F-86 restoration crew aircraft structural technicians:

- » Tech. Sgt. Douglas Beals
- » Staff Sgt. Robert Jones
- » Senior Airman Lisa Caluag
- » Senior Airman Yeleen Neeley
- » Senior Airman Paul Cotrill
- » Senior Airman Travis Weaver
- » Senior Airman Johnetta Gray
- » Senior Airman William Crew



From left to right: Staff Sgt. Robert Jones, Senior Airman Johnetta Gray, Senior Airman Yeleen Neeley, Senior Airman Lisa Caluag, Senior Airman Paul Cotrill, Senior Airman William Crews and Tech. Sgt. Douglas Beals, stand in front of Osan's historic F-86 Sabre static display aircraft after its restoration and a new "checkertail" paint scheme. The aircraft will be displayed in front of base operations. All Airmen are aircraft structural technicians from the 51st Maintenance Squadron.

The Privacy Act requires the written consent of the subject before releasing personal information to third parties, unless one of the 12 exceptions of the act applies.

Use this checklist before releasing personal information to third parties:

- 1) Make sure it's authorized under the Privacy Act
- 2) Consider the consequences
- 3) Check the accuracy of the information

You can release personal information to third parties when the subject agrees in writing.

Following are some examples of personal information that require protection and are not releasable without written consent of the subject:

- Marital status (single, divorced, widowed, separated)
- Number, name and sex of dependents
- School and year of graduation
- Home of record
- Home address and phone
- Age and date of birth (year)

For more information on the Air Force Privacy Act, see AFI 33-332, Privacy Act Program.

Mustang briefs

CPR classes

The American Red Cross Community CPR and first aid class is Sunday from 8:30 a.m. to 4:30 p.m., and April 22 and 24 from 5:30 to 8:30 p.m., in Bldg. 924.

Cost is \$35 and includes comprehensive manual and certificate. For more information, call 784-1855/4552.

ROK Election Holiday

The Republic of Korea Government has designated Wednesday as General Election Day, a Korean public holiday.

In accordance with section VI, paragraph 76-g, USFK Regulation 690-1, Korean employees of USFK will be released without charge to leave or loss of pay for the number of duty hours for which they are normally scheduled.

Korean employees deemed essential and required to work will be paid holiday premium pay for all hours worked.

Alternate days off for employees required to work are not authorized.

Questions about the holiday should be directed to Ms. Kim, Son I at 784-4434.

CCAF graduation

The education office will host its first Consolidated Graduation Recognition Ceremony in conjunction with the Spring CCAF graduation ceremony April 30.

The ceremony is open to all individuals who have graduated or will graduate from any college during the period May 2007 to April 2008. Associates, bachelors, masters, doctorate.

Contact the education office at 784-4220 or at 51MSS.DPE@osan.af.mil for more information.

Spring bazaar

The Osan Enlisted Spouses' Club is hosting a spring bazaar May 3 from 10 a.m. to 4 p.m., in Bldg. 635.

Spiritual heritage trip

The Osan Protestant Parish is sponsoring a spiritual heritage trip to Yoido Church and Prayer Mountain Retreat Center May 4 from 6:45 a.m. to 7 p.m.

The trip will include a service with communion, lunch and visit to the Prayer Mountain Retreat Center near the DMZ. Deadline to sign-up is noon, April 28.

Email kelly.watts@osan.af.mil, or call 784-5000 for more information.

AFSA

The Osan Air Force Sergeants Association, Chapter 1556 will meet April 10 at 4 p.m., in Sneaker's Lounge at the Mustang Club.

Active duty, Guard, Reserve and retirees are welcome to attend. Refreshments will be served.

For more information, contact Tech. Sgt. Michael Howell at 784-5504 or e-mail michael.howell@osan.af.mil.

Multicultural fair

» The Osan Multicultural Committee seeks volunteers to participate in a cultural performance during a multicultural fair June 14.

The performance is designed to high-

light various expressions of art such as song and dance from cultures around the world.

A stage and sound system will be provided for the performance.

Volunteers must provide any additional equipment, a brief description of the performance and its historical context. For more information, call Staff Sgt. Shobha Parker at 784-8044.

» Individuals and teams are needed to compete in a "food challenge" event.

A panel of judges will select the winning dish from a variety of ethnic foods.

Judging will be based on taste, appearance and originality.

Booster clubs are welcome to enter the competition and sell various ethnic foods at the fair.

For more information, call Master Sgt. Toby Dunlap at 784-1348.

» Volunteers are needed to participate in a fashion show.

The fashion show is designed to highlight various traditional clothing from cultures around the world.

Volunteers must provide their own clothing, a brief description of the clothing and its historical context.

For more information, call Staff Sgt. Lashundra Nesmith at 784-8826/4513 or Senior Airman Jacqueline Filbeck at 784-4715.

Readiness NCO

The airman and family readiness center is taking applications for the readiness NCOIC position. The position is open to E-6s and E-7s with a seven or higher skill level.

This is a one-year unaccompanied remote tour with a report no later than date of Sept. 10.

A two-year command sponsor tour is also an option.

Potential applicants should contact Master Sgt. Michelle Bloxson at 784-5440 to schedule an appointment.

ALO

Energetic officers, from any commissioning source, are needed to serve a few hours a week as Air Force Academy/AFROTC liaison officers.

Opportunities include talking with young adults about the Air Force and their potential to serve.

Active duty, Reserve, Air National Guard, IMAs and retired officers are eligible to apply.

Your experience will help form the future Air Force.

For more information, contact Maj. Jay Owen at james_owen@hotmail.com.

Tax Center

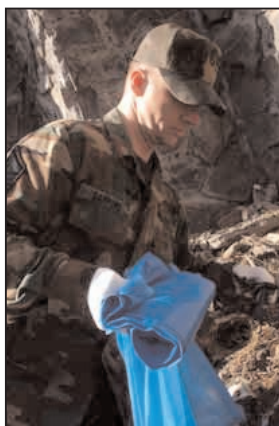
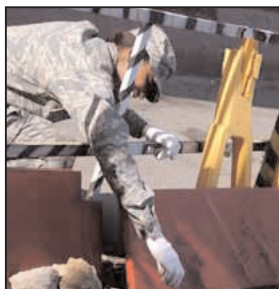
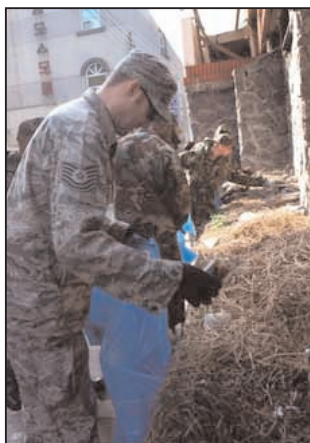
The tax center, located in Bldg. 788, Room 26, is open Tuesday through Thursday, from 8:30 to 11:30 a.m., and 12:30 to 3:30 p.m. It will close April 18.

Thrift Store

The Osan Thrift Store is now located in Bldg. 408, the former civilian personnel office.

If you would like to submit a Mustang brief, email MigAlleyFlyer@osan.af.mil

Because we live here too!



Clockwise from top left:

► Volunteers remove debris as part of Osan's Earth Day/Arbor Day celebrations Thursday. Volunteer clean-up crews clean a nearby park; the shopping mall outside the main gate and from the Main Gate to Doolittle to base exchange.

► Tech. Sgt. David Hissong, 51st Civil Engineer Squadron, places debris into his garbage bag during a clean-up of the shopping mall outside the main gate.

► A volunteer clean-up crew walks the main street, picking up trash as part of Osan's Earth Day/Arbor Day celebrations.

► Master Sgt. Jeffrey Safford, 51st CES, places litter inside his trash bag during a clean-up of the shopping mall outside the main gate.

► Staff Sgt. Kim Powell, 51st CES, stretches to pick up debris during a Earth Day/Arbor Day clean-up of the shopping mall outside the main gate. All members of the clean-up crews received T-shirts as a thank you from the 51st CES environmental flight.

Photos by Staff Sgt. Candy Knight

HELP, from page 2

action at the first sign of trouble, then listening and engaging to help resolve concerns.

► Friends and co-workers who are aware of what it takes to be outstanding wingmen, including taking care of themselves and those around them.

It is this group that is the first line of defense against stressors that may be experienced by peers, and ready to engage in whatever is necessary to support and protect a comrade.

One common myth is if a person wants to commit suicide, there is nothing you can do to stop them.

The fact is the majority of individuals that commit suicide do not want to end their lives; they unfortunately view suicide as the only option to end the severe emotional pain they are suffering from.

Although most of us are familiar with suicide prevention, many are still afraid to ask someone in distress if they are having thoughts of ending their life.

The bottom line is, if you suspect someone is having problems; don't be afraid to get involved.

Asking someone, "What's wrong?" is a simple question that could save a life, as this gives permission for the person to talk about suicidal thoughts and is almost always a form of relief for the individual that someone is willing to listen.

It is important to ensure individuals

Key Resources

Mental Health

Bldg. 768; 784-2148

Chapel

Bldg. 779; 784-5000

Emergency room

Bldg. 777; 784-2500

MilitaryOneSource

entertaining suicidal ideas are not left alone and to seek assistance for them as soon as possible.

Chaplains and mental health professionals are always ready to respond and can also provide resources for those who prefer to explore other options for help.

If you are entertaining thoughts of suicide, don't suffer in silence!

There are many options and resources available to provide the help you need. People with severe depression or seemingly insurmountable problems often cannot even fathom ever getting relief from the emotional turmoil in their lives.

However, treatment for depression has extremely high rates of success.

The most common response from individuals who were previously overwhelmed by feelings of helplessness and hopelessness is, "I wish I'd have known about this help sooner."

Did you know?

All military and civilian workers at Osan are required to complete Environmental Management System Awareness Training?

This is a Department of Defense requirement initiated by Executive Order 13418 and sustained by Executive Order 13423, Strengthening Federal Environmental, Energy and Transportation Management.

Since 2005, the 51st Fighter Wing commander has required this training be included on all Osan in-processing checklists to ensure Osan is compliant.

The 20-minute training is available on-line at <http://esohtn.com>.

After entering the site, choose Pacific Air Forces. The registration password is "pacaf" and the training is under "Environmental Training" Select "go to your training" and click on "go to my training modules."

When you're finished, print out your certificate and give a copy to your unit training manager or unit environmental coordinator.

For more information, call David Moysey, 51st Civil Engineer Squadron's Environmental Flight, at 784-4272.

Child, from page 3

extended period of time.

Severe and permanent harm can result from shaking a baby for only a second or two.

The unfortunate outcome can result in a lifetime of pain for the child and the parents.

The Family Advocacy office offers the Family Advocacy Strength-Based Training program.

The FAST program is designed to help a family and/or individual determine how to handle potentially stressful situations such as resolving conflict, improving communication and dealing with children before an incident happens that would mandate a maltreatment case for the family/individual.

With the FAST program, nothing is reported to supervisors or commanders. Visits to the FAST program are not part of a person's medical record nor do FAST records follow the individual to their next base. All records remain in Osan's family advocacy office.

If you're feeling angry or frustrated with your children and believe that you would benefit from some help and support, contact family advocacy at 784-5010 and talk with someone about the FAST program.

Remember, you can't go back to make a new beginning, but you can start today and make a new ending.

Joint Commission to inspect 51st MDG

The Joint Commission will conduct an accreditation survey of the 51st Medical Group April 14 to 18.

The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards.

The survey results will be used to determine whether, and under what conditions, accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the

safety of the environment in which care is provided.

Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representative at the time of the survey.

Information presented at the interview will be carefully evaluated for relevance to the accreditation process.

Requests for a public information interview must be made in writing and should be

sent to the Joint Commission no later than five working days before the survey begins.

The request must also indicate the nature of the information to be provided at the interviews.

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview.

The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

Intramural volleyball season begins



Photos by Staff Sgt. Candy Knight

Anthony Macias, (#10) spikes the ball during the 51st Civil Engineer Squadron's 2-1 victory over the 51st Medical Group Monday.



Nathan Lancore, (#55), spikes the ball past Anthony Macias, (#10), during the 51st Civil Engineer Squadron victory over the 51st Medical Group 2-1.



The 2008 Intramural Volleyball season began Monday. The 51st Civil Engineer Squadron defeated the 51st Medical Group 2-1.

Schedule of games

Monday

6 p.m. - 51st LRS vs. KVC 2
7 p.m. - 51st MUNS vs 51st CES
8 p.m. - 51st MDG vs. 51st MOS
9 p.m. - 607th ACOMS vs. 731st AMS

Tuesday

6 p.m. - 51st CS vs 35th ADA
7 p.m. - 51st CPTS vs 25th FS
8 p.m. - KVC 1 vs. 51st DS
9 p.m. - 51st SVS vs. 51st MSS

Wednesday

6 p.m. - 607th AOC vs. 607th ACOMS
7 p.m. - 51st MOS vs. 51st MUNS
8 p.m. - 731st AMS vs 51st MDG
9 p.m. - 51st CES vs. 51st LRS

Thursday

6 p.m. - 51st MSS vs. KVC 1
7 p.m. - 25th FS vs. 51st SVS
8 p.m. - 51st DS vs. 51st CS
9 p.m. - 35th ADA vs 51st CPTS

April 21

6 p.m. - 51st MUNS vs. 731st AMS
7 p.m. - 51st LRS vs. 51st MOS
8 p.m. - KVC 2 vs. 51st CES
9 p.m. - 51st MDG vs. 607th AOC

April 22

6 p.m. - 35th ADA vs 25th FS
7 p.m. - 51st CS vs. 51st MSS
8 p.m. - KVC 1 vs. 51st SVS
9 p.m. - 51st CPTS vs. 51st DS

Schedule is subject to change.

For up-to-date information, contact Staff Sgt. Emma Hicks at 784-4467.

OAHS super scientists earn first place at JSHS

By Ronnie Holley

DODEA

The Osan American High School's Junior Science and Humanities Symposium team earned the triple crown of victory during the Pacific Regional Junior Science and Humanities Symposium held March 23 to 27 in Tsukuba City, Japan.

The JSHS is a science research program that encourages students to develop skills in analytical thinking through independent original research.

The team earned first place in poster competition, first in middle school oral competition and first in high school oral competition.

Kee Park was awarded first place in the poster competition.

The ninth grader earned first place with his research on the effects of acid rain on the phosphates

and sulfates in soil.

Erin Norman was awarded first place in the middle school oral competition for her research on the condition of nystagmus.

Alex Kuster earned first place for the oral high school competition for his research on the effects of acid rain on the transpiration rate of plants.

This triple win was astounding for a team made up entirely of first time competitors.

"It was a thrill for all of us for the team to win first in all three categories! I am very proud of them," said Kathleen Tierney, OAHS JSHS sponsor.

In addition to these three big wins, Osan won eight other awards.

Twenty five students represented OAHS at this year's competition, competing against students from DoDDS Pacific schools including Japan, Okinawa, Korea and Guam.



Courtesy photo

From left to right: Alex Kuster, Erin Norman and Kee Park pose for a photo after earning first place in their respective categories during the Junior Science and Humanities Symposium held March 23 to 27 in Tsukuba City, Japan.

'Perspective' focuses on caring Airmen

By Janie Santos

Air Force News Agency

SAN ANTONIO -- In his latest "Enlisted Perspective," the Air Force's top enlisted Airman discusses the need for Air Force people to remember that even in the midst of challenges to the mission, everything starts with caring.

"Caring is a characteristic that endears us to each other and forms lasting relationships that bond us together," said Chief Master Sgt. of the Air Force Rodney J. McKinley.

"On the other hand, when care is found lacking in an organization, the absence can damage the institution's ability to respond appropriately to members' needs. Mission failure then becomes a very real possibility. It is also important to note that at a time when budget and financial restrictions impact nearly every enterprise, caring is



free," he said.

Chief McKinley had many examples of how Airmen should care for themselves, their families, their co-workers and their base.

"Being an American Airman is a profession, not a job. It's up to each and every one of us to dedicate ourselves to the protection of our homeland, its people, interests and ideals," the chief said.

This "Enlisted Perspective" and other senior leader viewpoints can be found on the library section of Air Force Link.

Volunteer Opportunity

Volunteers are needed to help plan events for Asian Pacific American Heritage Month, which begins May 1.

Individuals interested in volunteering or planning an event should contact Master Sgt. Chris Moore at 784-4848.

For more volunteer opportunities, visit <http://www.osan.af.mil/library/volunteeropportunities.asp>

Let your hometown join in on your success



Let the folks back home know about that new promotion and other achievements in your career.

The hometown news release is designed to get the stories of Osan Airmen's achievements back to their hometown.

Airmen wishing to fill out a hometown news release form should visit: <https://hnews.afnews.af.mil:8443/lfservlet/OSANAB31FW>

We want to know what you think!!!

The staff of the MiG Alley Flyer want to know what you think of this edition, as well as previous editions. Email your comments, suggestions or questions to MigAlleyFlyer@osan.af.mil.